

*Prices are subject to change without notice

You can either order online at:

[Flexischools \(download the app\)](#)

Or alternatively directly through the canteen, but please remember to:

ADD 20c FOR A BROWN BAG -IF NOT INCLUDED

Green= Best Food Choice
 Orange= Good Food Choice
 Halal
 GF= Gluten Free (but prepared in a gluten environment)

Canteen Menu



**MT ELIZA NTH PRIMARY
 2024**

SPECIAL BIRTHDAY LUNCH ORDER \$10

Choose **one** of the following:

Sausage Roll / Sushi (please specify choice) / 4 Chicken Nuggets
 Each option comes with:

A choc chip Muffin, Just Juice & Moosie* all put in a **special Birthday Bag**. (Please note, children will need to bring their bag to the canteen to collect their Moosie*)

HOT FOOD

Pizza (with tomato base & cheese)

Ham \$5.80
 Chicken with BBQ sauce \$5.80
 Plain - Cheese and tomato \$5.80

Jacket Potatoes

Chicken & Cheese (GF) \$5.70
 Beans & Cheese (GF) \$5.70
 Ham & Cheese (GF) \$5.70

Pies /Pasta /Snacks

Tomato Sauce add 40c per sachet

Meat Pie\$5.20 with Sauce \$5.60
 Party Pie.....\$2.00 sauce 40c per sachet
 Sausage Roll\$4.80 with Sauce \$5.20
 Party Sausage Roll\$2.00 sauce 40c per sachet
 Nachos with Salsa & cheese (GF)\$6.00
 Extra Salsa or Cheese.....50c ea
 Macaroni Cheese\$6.00
 Chicken Nuggets.....\$1.00 ea
 Lasagne.....\$6.00
 Noodles- Chicken Flavour\$3.50 *

Gluten Free

Gluten Free chicken nuggets (GF)\$1.00 ea

Burgers / Wraps

Chicken Burger (H)-lettuce, tomato & mayo \$6.20
 Cheeseburger (H)-cheese, lettuce & tomato sauce \$6.20
 Sweet Chilli Chicken Tender Wrap-lettuce & mayo \$5.70

SNACKS

Carrot Sticks \$1.00pkt
 Cheese Slice \$1.00 ea
 Boiled Egg (cold) \$1.00
 Hedgehog/Honey joy or M&M biscuit .80c ea
 Homemade Choc Chip Muffin \$2.00
 Homemade Banana Bread \$2.00
 Homemade Anzac Biscuit \$1.20
 Redrock Deli Chips- Assorted Flavours \$1.80

FROZEN TREATS

Frozen Pineapple slice \$1.00*
 Frozen Watermelon slice \$1.00*
 Frozen juice cup \$1.50*
 Quelch Stick (frozen fruit tube) \$1.00*
 Paddle pop (chocolate or rainbow) \$2.20*
 Calippo mini \$2.20*
 Paddle pop icy twist (Lemonade flavour) \$2.00*
 Moosies - Chocolate, Strawberry or Blue moon \$2.00*

COLD FOOD

Sushi- Homemade Fresh Daily

Served with Soy Sauce (not GF) choose from:

Teriyaki Chicken (GF) \$4.50
 Chicken & Cucumber (GF) \$4.50
 Tuna & Carrot (GF) \$4.50
 Avocado, Carrot & Cucumber (GF) \$4.50

SANDWICHES

All sandwiches have 1 wholemeal & 1 white slice unless specified

Wrap add .80c
 Toasting add .50c

Vegemite \$3.20
 Cheese \$3.70
 Cheese & vegemite \$3.90
 Ham \$4.20
 Ham & Cheese \$4.80
 Roast chicken \$4.50
 Egg (with mayo) \$4.20
 Tuna (with mayo) \$4.20
 Salad s/w (lett, tom, carrot & cucumber) \$4.70
 Salad s/w with Chicken, Ham, Tuna or Egg \$5.70
 Simple Salad Box (lett, tom, cheese, carrot & cuc) (GF) \$5.70
 Simple Salad Box with Chicken, Ham, Tuna or Egg (GF) \$6.70

Extras fillings

Avocado or Egg \$1.00 ea
 Lettuce, tomato, cheese, cucumber or carrot .80c ea
 Mayo No Charge

Toasties

Toasted Baked Bean s/w \$4.50 With Cheese \$5.20
 Toasted Chicken s/w \$5.00 With Cheese \$5.60
 Toasted Tuna s/w \$4.70 With Cheese \$5.40
 Toasted Ham & Cheese s/w \$5.20

SMOOTHIES

Berry Smoothie- Mixed Berries and Watermelon.....\$5.00*
 Tropical Smoothie- Mango, Orange & Pineapple.....\$5.00*
 Watermelon Smoothie.....\$5.00*

DRINKS

Big M- Chocolate or Strawberry.....\$2.80
 Spring Water.....\$2.20
 Milkshake assorted flavours.....\$4.00*
 Hot Chocolate or Milo.....\$2.50*
 100% Just Juice- Apple or App/Blkcurrant.....\$2.50

Slush Puppie Small.....\$3.60*
 (99% Apple Juice base Medium.....\$4.00*

Natural Flavours that contain **NO** Sugar

Paper straws only)

Sour Squirt for Slush Puppie extra .50c ea

IS YOUR CHILD HAVING A BIRTHDAY?

We can freshly bake, ice and deliver cupcakes to your child's class on their birthday. Please allow 48 hours notice and \$2 per cupcake. Please order online or contact the canteen through the school on 97876611

** If your child has **forgotten their lunch**, please contact the school 97876611

* **DO NOT USE FOREIGN MONEY** to pay for your child's lunch order as they will miss out on an item or will be given an item of lesser value.

PLEASE NOTE

* A **stamp** will be placed on your brown paper bag for any item that has an **ASTERIX** * next to it. These items **cannot** be placed in the bag. To receive your item **please bring your stamped brown paper bag to the canteen** at lunchtime.

