

5 point check



When we sit on the floor we do the 5 point check.



Cross your legs

We cross our legs on the floor.



Hands in lap

We keep our hands in our lap on the floor.



Sit up straight

We sit with a straight back.



Smile on your dial

We will always have a smile on our dial (that's our face).



Listen to the speaker

We listen to the person speaking



Five point check

That's how we do the five point check.

